



breast milk storage system





INSTRUCTIONS FOR USE

Please read and retain this important information for future reference.

USING THE BREAST MILK STORAGE SYSTEM

For use with the Tomme Tippee Closer to Nature breast pumps

HOW TO USE breast milk storage system

- 1 Ensure pot is clean and sterilised
- 2  Remove lid and place pot inside of bottle.
- 3  Screw bottle onto bottle adaptor and continue to follow assembly of breast pump instructions.
- 4  When the breast pump is fully assembled and in use, the pot will hold up to 60ml / 2oz.
- 5  Once you have expressed 60ml/2oz stop pumping, place lid on storage pot and remove from bottle.
- 6 Store pot in either the fridge or freezer. See storage guide below.
- 7 If you want to continue expressing, either insert another clean and sterilised pot or express directly into the bottle of the breast pump.
- 8 Thaw frozen milk by placing the pot into bottle filled with luke warm water.

STORAGE OF EXPRESSED BREAST MILK

- Refrigerate expressed milk immediately. If you express more than once a day, you can add the amounts so long as you put it back in the fridge each time.
- Store milk in the fridge for up to 24 hours, or in the freezer for 3 months,
- You will notice that stored milk separates out into layers. Shake to remix thoroughly before feeding.
- When freezing milk, allow space at the top of the bottle for expansion. It is easiest to freeze milk in individual feed quantities of 60-125ml (2-4ozs)
- Thaw frozen milk in the fridge or by standing the bottle in lukewarm water until it has reached body temperature.
- If you want to take expressed milk with you when you are out, make sure it stays cold or frozen until needed and is securely placed in a bottle with the lid firmly screwed on.

Method of storing milk	Use within	REMEMBER
Refrigerated only	24 hours	<ul style="list-style-type: none"> • Never defrost or heat milk in a microwave • Never refreeze breast milk • Once defrosted, the milk should be kept in the fridge and used within 12 hours • Do not boil breast milk • Throw away any leftover milk after a feed
Refrigerated before freezing	24	
Once frozen	3 months	
Defrosted before feeding	12 hours	
Refreezing	NEVER	

HOW TO USE milk storage system as a sippy cup

It is recommended that you take advice from a health professional before use.

1. If milk has been chilled, remove lid and place in warm water to heat to temperature required. Always check food temperature before feeding.
2. Sit baby upright.
3. Hold cup up to baby's mouth and gently tip to allow baby to sip from cup.

For your child's safety and health

WARNING!

Always use this product with adult supervision. Accidents have occurred when babies have been left alone with drinking equipment due to the baby falling or if the product has disassembled.

Always check food temperature before feeding. Always stir heated food to ensure even heat distribution and test the temperature before serving.

CLEANING AND STERILISING

Before first use, clean the product.

Clean before each use.

Always wash the product immediately after use.

Wash in warm soapy water and rinse in clean water or use a dishwasher.

Do not clean with solvents or harsh chemicals.

Do not allow product to come into contact with oil based foods (e.g. oil/tomato based sauces) as staining will occur.

Suitable for all forms of sterilisation.

STORAGE AND USE

Inspect before each use. Throw away at the first signs of damage or weakness.

Do not store or leave in direct sunlight or near a source of heat.

Do not store with or allow to come into contact with solvents or harsh chemicals.

Not suitable for use in a conventional oven or a combination microwave oven with the grill feature switched on.

Keep all components not in use out of reach of children.

THERE IS ALSO SEPARATE INSTRUCTION SHEET ON HOW TO CLEAN AND STERILISE THE TOMMEE TIPPEE CLOSER TO NATURE BOTTLE.

tommeetippee.com

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